

EUCHARIST

Sunday 5th February 2023 I I.00am

SEPTUAGESIMA: THE THIRD SUNDAY BEFORE LENT

We welcome the Cantemus Choir, conducted by Tony Morrison.

The preacher is Rev Dr Inderjit Bhogal, OBE. Dr Bhogal is the former Leader of Corrymeela & President of Methodist Church in England. He is the founder and President of "City of Sanctuary" and is a speaker at this year's Four Corners Festival

The organ is played by guest Stephen Hamill

Welcome to the Cathedral Church of St Anne, Belfast Please follow the instructions from the Churchwardens



With Covid still circulating and the need for continued caution, we offer the following guidance:

The wearing of face coverings is now a matter of personal choice.

We encourage you to join in singing.

INSTRUCTIONS FOR RECEIVING HOLY COMMUNION

Baptised members of all Christian churches are welcome to join in this Eucharist.

It is the Lord's Table and this invitation is given in his name.

The Eucharist will be celebrated and distributed in accordance with Covid precautions as laid down by the Church of Ireland.

If you wish to receive communion, please move into the central aisle when directed by the cathedral wardens, who will guide you into two lines, one for those on the north and one for those on the south side of the Cathedral.

You will receive the wafer bread first; then turn left or right to receive the wine, either from a common cup, or in individual cups in the north and south aisles, according to personal choice. If you have consumed the wine from an individual cup, place the empty cups in the basins provided on the tables in the side aisles. You may then return to your seats.

Please indicate if you require a gluten-free wafer, or if you require Communion to be brought to your seat.

If you wish to receive a blessing only, please indicate by crossing your arms across your chest.

Post-service Refreshments

This Sunday, coffee and tea is served this Sunday at the WEST END OF THE CATHEDRAL. Please do join us for refreshments. We thank those who each week prepare these for us. Additional helpers always welcome.

PLEASE DO NOT CONGREGATE AROUND THE SERVING TABLES.

Please do not make video recordings or take photographs during the service

Toy Bags are now available for our youngest cathedral attenders. Please collect from the cathedral wardens on your way to your seat. Please return after the end of the Service. Should you wish, you are welcome to take small children to the Chapel of Unity as a quiet place and use the carpeted area to the front (enter by the glass doors to the right of the organ console).



THE GATHERING OF GOD'S PEOPLE

Please stand to sing Hymn 248:



We sing the praise of him who died, of him who died upon the cross; the sinner's hope though all deride, for this we count the world but loss.

Inscribed upon the cross we see in shining letters, 'God is love'; he bears our sins upon the tree; he brings us mercy from above.

The cross! It takes our guilt away; it holds the fainting spirit up; it cheers with hope the gloomy day, and sweetens every bitter cup.

It makes the coward spirit brave, and nerves the feeble arm for fight; it takes its terror from the grave, and gilds the bed of death with light;

The balm of life, the cure of woe, the measure and the pledge of love, the sinner's refuge here below, the angels' theme in heaven above.

Words: Thomas Kelly (1769-1854) Tune NEH 94: BOW BRICKHILL, Sydney Nicholson (1875-1947)

WELCOME

THE GREETING – *PLEASE STAND* The Lord be with you. **And also with you.**

The grace of God has appeared, bringing salvation to all.

THE COLLECT FOR PURITY

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden; cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PENITENCE

Hear what our Lord Jesus Christ says: You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it. You shall love your neighbour as yourself. On these two commandments depend all the law and the prophets.

Lord, have mercy on us, and write these your laws in our hearts.

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to intercede for us in heaven and to bring us to eternal life. Let us therefore confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace.

Please kneel or sit in silence

Almighty God, our heavenly Father, we have sinned in thought and word and deed, and in what we have left undone. We are truly sorry and we humbly repent. For the sake of your Son, Jesus Christ, have mercy on us and forgive us, that we may walk in newness of life to the glory of your name. Amen.

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

Please stand as the choir Cantemus sing **THE GLORIA:**

Glory be to God on high, and in earth peace, goodwill towards men. We praise thee, we bless thee, We worship thee, we glorify thee, We give thanks to thee for thy great glory, O Lord God, heavenly king, God the Father Almighty. O Lord, the only begotten Son Jesus Christ, O Lord God, Lamb of God, Son of the Father, That takest away the sins of the world, Have mercy upon us. Thou that takest away the sins of the world, Have mercy upon us. Thou that takest away the sins of the world, Receive our prayer. Thou that sittest at the right hand of God the Father, have mercy, have mercy upon us. For thou only art holy; Thou only art the Lord; Thou only, O Christ, with the Holy Ghost, Art most high in the glory of God the Father

Amen, Amen.

Setting: Herbert Sumsion (1899 – 1995) Communion Service in F

THE COLLECT OF THE DAY

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: Give your people grace so to love what you command and to desire what you promise; that, among the many changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord. **Amen.**



PROCLAIMING AND RECEIVING THE WORD

Please sit for the **EPISTLE READING**: | Corinthians 2:1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this;

for if they had, they would not have crucified the Lord of glory. But, as it is written,

'What no eye has seen, nor ear heard,

nor the human heart conceived,

what God has prepared for those who love him'—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

'For who has known the mind of the Lord

so as to instruct him?' But we have the mind of Christ.

This is the word of the Lord. **Thanks be to God.**

Please sit for the CHOIR ANTHEM:

Do not be afraid, for I have redeemed you. I have called you by your name; you are mine. When you walk through the waters, I'll be with you; you will never sink beneath the waves. When the fire is burning all around you, you will never be consumed by the flames. When the fear of loneliness is looming, then remember I am at your side. When you dwell in the exile of a stranger, remember you are precious in my eyes. You are mine, O my child, I am your Father, and I love you with a perfect love.

THE GOSPEL READING: Matthew 5:13-20

Hear the Gospel of our Lord Jesus Christ, according to Matthew. **Praise to you, Lord Jesus Christ.**

Jesus said, 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

This is the Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

Please sit for THE SERMON by The Revd Dr Inderjit Bhogal OBE

Please stand and face east to say the **NICENE CREED**:

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven, was incarnate by the Holy Spirit of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.



Please kneel or sit Let us Pray.

Let us pray to God for the Church of Christ throughout the world, and especially this gathering with its diversity, and our neighbours of all denominations, and different faiths, that we shall be blessed by the grace of God, and that all will be given strength to bear witness to the grace of God in our mission and ministry, worship and prayer.

God hears our prayers.

The Kingdom of God is among us.

Let us pray to God for all nations and all leaders that God will illuminate within and before them the pathways made of justice, mercy and humility for all to walk, and to build peace.

God hears our prayers. The Kingdom of God is among us.

Let us prayer for an end to all hostility, war and violence, giving thanks for all who uphold and bear witness to the things that make for peace.

God hears our prayers. The Kingdom of God is among us

Let us pray to God for all who need help and support today, especially those we carry in our hearts for they are in our prayers that the grace of God will be on them and bless them.

God hears our prayers.

The Kingdom of God is among us.

Let us pray to God for all who are far from home, prisoners, immigrants, exiles, refugees and all who seek sanctuary that God will be the shelter of their lives and souls, and help us to build communities of welcome, hospitality and sanctuary for all.

God hears our prayers. The Kingdom of God is among us.

Let us pray to God for ourselves, that we may be sanctuary, that we may be given the grace to follow Christ, and practice his art of hospitality and welcome to the stranger.

God hears our prayers. The Kingdom of God is among us.

Let us with thanks hold before God those who have died and whose memory is precious to us, remembering especially those who gave their lives for justice and peace. Grant them peace. Give strength to all who are bereaved. Bless all who mourn the loss of their homes and livelihood. And grant to us wisdom and encouragement from the vision, witness and example of all the saints who have gone before us.

God hears our prayers.

The Kingdom of God is among us.

Merciful Father, accept these our prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him and he in us. Amen.

Please stand

THE PEACE

Christ is our peace. He has reconciled us to God in one body by the cross. We meet in his name and share his peace.

The peace of the Lord be always with you and also with you.

Please remain standing to sing **THE OFFERTORY HYMN 494**:



Beauty for brokenness, hope for despair,
Lord, in Your suff'ring world – this is our prayer:
Bread for the children, justice, joy, peace;
Sunrise to sunset, your kingdom increase!



God of the poor, friend of the weak,
Give us compassion we pray:
Melt our cold hearts, let tears fall like rain;
Come, change our love from a spark to a flame.
Shelter for fragile lives,
cures for their ills,
Work for the craftsmen,
trade for their skills;
Land for the dispossessed,
rights for the weak,
Voices to plead the cause
of those who can't speak.
God of the poor...

Refuge from cruel wars, havens from fear,
Cities for sanctuary, freedoms to share;
Peace to the killing-fields, scorched earth to green,
Christ for the bitterness, his cross for the pain.
God of the poor...
Rest for the ravaged earth,

oceans and streams Plundered and poisoned – our future, our dreams. Lord, end our madness, carelessness, greed; Make us content with the things that we need. God of the poor...

Lighten our darkness, breathe on this flame Until your justice burns brightly again; Until the nations learn of Your ways, Seek Your salvation and bring You their praise. God of the poor...

Words: Graham Kendrick (b.1950)

Tune ICH 494: BEAUTY FOR BROKENNESS, Graham Kendrick (b. 1950) arr. Anthony F. Carver (b. 1947)



Please remain standing

Be present, be present, Lord Jesus Christ our risen high priest; make yourself known in the breaking of bread. **Amen**.

THE TAKING OF THE BREAD AND WINE

Christ our passover has been sacrificed for us therefore let us celebrate the feast.

The Lord is here. His Spirit is with us.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Father, Lord of all creation, we praise you for your goodness and your love. When we turned away you did not reject us. You came to meet us in your Son, welcomed us as your children and prepared a table where we might feast with you.

In Christ you shared our life that we might live in him and he in us.

He opened wide his arms upon the cross and, with love stronger than death, he made the perfect sacrifice for sin.

Lord Jesus Christ, our redeemer, on the night before you died you came to table with your friends. Taking bread, you gave thanks, broke it and gave it to them saying, Take, eat: this is my body which is given for you; do this in remembrance of me.

Lord Jesus, we bless you: you are the bread of life.

At the end of supper you took the cup of wine, gave thanks, and said, Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins; do this in remembrance of me.

Lord Jesus, we bless you: you are the true vine.

Praise to you, Lord Jesus Christ: dying, you destroyed our death, rising, you restored our life; Lord Jesus, come in glory.

Holy Spirit, giver of life, come upon us now; may this bread and wine be to us the body and blood of our Saviour Jesus Christ.

As we eat and drink these holy gifts make us, who know our need of grace, one in Christ, our risen Lord.

Father, Son, and Holy Spirit, Blessed Trinity: with your whole Church throughout the world we offer you this sacrifice of thanks and praise and lift our voice to join the song of heaven, for ever praising you and *singing*:

CANTEMUS CHOIR SINGS THE SANCTUS & BENEDICTUS:

Holy, Holy, Holy, Lord God of hosts, Lord God of hosts Heav'n and earth are full of thy glory Glory be to thee, O Lord most high Amen. Blessed is he that cometh Blessed is he that cometh In the name of the Lord Hosanna in the highest Hosanna in the highest

Setting: Herbert Sumsion (1899 – 1995) Communion Service in F Thanks be to you, our God, for your gift beyond words.

Amen. Amen. Amen.

Please kneel or sit.

THE LORD'S PRAYER

As our Saviour Christ has taught us, we are bold to say:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The bread which we break is a sharing in the body of Christ. We being many are one body, for we all share in the one bread.

The gifts of God for the people of God. Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.

THE COMMUNION

Please observe the guidance of the Church Wardens and follow the directions as printed at the beginning of this order of service.

CHOIR ANTHEM

To Thee O Lord do I lift up my soul My God I trust in Thee

S Rachmaninoff (1873-1943)

THE GREAT SILENCE

When all have received communion, the presiding minster, other ministers and people keep silence for reflection



PRAYER AFTER COMMUNION

Merciful Father, you gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger. Draw us to our Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns with you and the Holy Spirit, now and for ever. **Amen.**

Almighty God, we thank you for feeding us with the spiritual food of the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your

Please remain standing to sing Hymn 86*:



Christ is the King! O friends rejoice; brothers and sisters, with one voice let the world know he is your choice. Alleluia, alleluia, alleluia!

O Christian women, Christian men, all the world over, seek again the way disciples followed then.

Christ through all ages is the same: place the same hope in his great name; with the same faith his word proclaim.

So shall God's will on earth be done, new lamps be lit, new tasks begun, and the whole Church at last be one.

Words: G.K.A. Bell (1883-1958) Tune NEH 107, 345: VULPIUS (GELOBT SEI GOTT) Melody from Melchior Vulpius' Gesangbuch (Jena, 1609)

THE BLESSING

Christ the Son be manifest to you, that your lives may be a light to the world: and the blessing of God almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always. **Amen.**

THE DISMISSAL

Go in peace to love and serve the Lord. In the name of Christ. Amen.

Please remain standing while the Readers and clergy depart

Bible passages in this service are from the New Revised Standard Version. Material in this service is reproduced from the Book of Common Prayer copyright © RCB 2004. Belfast Cathedral text, music and live streaming licence numbers CCL 8124, MRL 1049409



THIS AFTERNOON

3.30pm Evening Prayer

with distribution of funds from the Dean's 2022 Christmas sitout. Music is provided by Cantemus Choir, under their director Tony Morrison

Lunchtime Prayers at Belfast Cathedral

1.00 -1.15pm Tuesday, Wednesday and Thursday of this week. All most welcome.1.00-1.45 pm Friday: Service of Healing in the Cathedral Hall

SUNDAY FEBUARY 19

I I.00am Eucharist 3.30 pm Evening Prayer

2023 Revision of the Cathedral Register of General Vestry Members

In this triennial year, the Cathedral Register of General Vestry Members is now open for revision. If you have subscribed to cathedral finances in the past year through Free Will Offering, Standing Order, Cheque or Credit Card, and are over 18 you are eligible to register. Please complete one of the Registration Forms at the West End as directed by the Cathedral Wardens.

> In case of pastoral emergencies please ring The Dean 028 9032 8332

For those who require kneelers to use during the service, please note that these are available for you as you enter the Cathedral

You can also make your Free Will Offering contribution in support of the ongoing work and life of Belfast Cathedral by giving via online banking to:

Account Name: "Parochial No I Current Account" Sort Code: 90-21-27 Account Number: 10006051

Have you considered giving to our cathedral by Standing Order? Please set up a standing order using the account details above.

